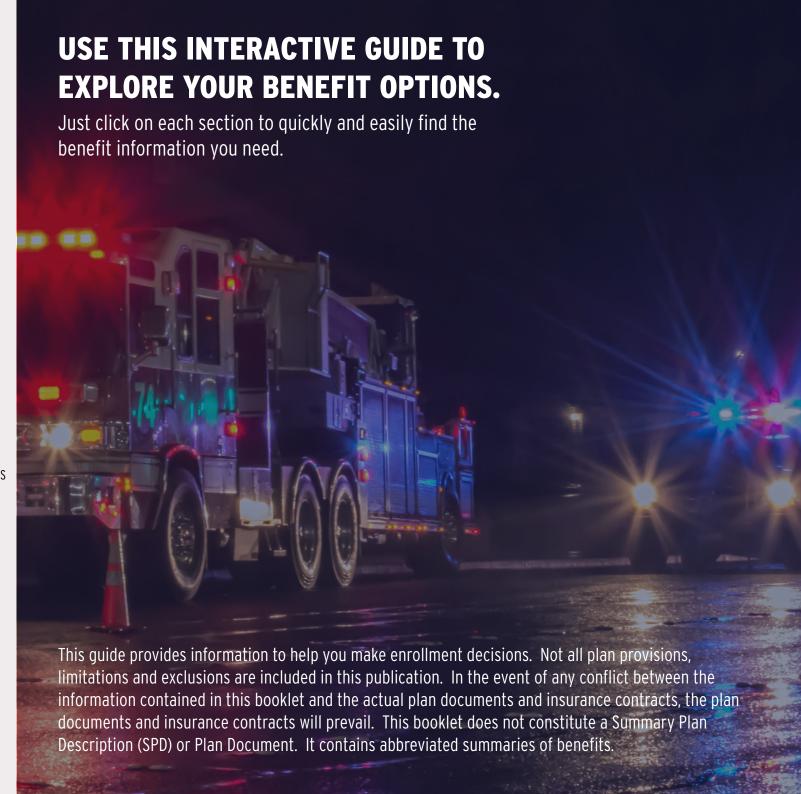




for the 2021 Plan Year

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# **ELIGIBILITY INFORMATION** MAKING CHANGES TO COVERAGE **ENROLLMENT INSTRUCTIONS BENEFIT OPTIONS FOR 2021** 6 ONLINE AND MOBILE RESOURCES 8 **GROUP MEDICAL BENEFITS** PHARMACY BENEFITS 9 **SEEKING CARE DENTAL BENEFITS** VISION PLAN **ACCIDENT** 14 CRITICAL ILLNESS 15 HOSPITAL INDEMNITY / VOLUNTARY BENEFITS COVERAGE PROVIDED BY THE COJ SPECIAL NOTICES 17 20 CONTACT INFORMATION

# **ELIGIBILITY INFORMATION**

#### When You Are First Hired

Your coverage begins the first day of the month following 30 days of employment. You must complete your enrollment prior to your eligibility date and all required documentation must be provided at least ten days prior to your eligibility date.

### **During Open Enrollment**

Open Enrollment is your opportunity to evaluate your benefit options and make changes for the following year. Benefits selected during Open Enrollment are effective January - December.

### You are eligible to enroll in the Trust's plans if you fit the following criteria:

#### **Active**

 Any regular, full-time employees currently working 30 hours or more a week for the City of Jacksonville in a position covered by any collective bargaining agreement with the Fraternal Order of Police (FOP) or the Jacksonville Association of Fire Fighters (IAFF).

### **Spouse Coverage**

Spouse, by legal marriage.

### **Dependent Child Coverage**

- Children under the age of 26.
- Children over the age of 26 through the end of the month in which they turn 30 who are:
  - Unmarried
  - Have no dependents of their own
  - Is dependent on the Employee or Retiree for financial support
  - Not offered coverage through another group or individual plan
  - Not entitled to benefits under Title XVIII of Social Security Act
  - Resident of FL or is a full or part-time student

### **Disabled Dependents**

 Children who become disabled before age 26 and rely on you for support are eligible for health coverage. Contact JPOFFHIT Benefits Support if this applies to you.

### **Newborn Medical Coverage**

 Newborn children of a covered family member other than a spouse (such as grandchildren) are eligible for medical coverage until they reach 18 months as long as the child's parent remains covered.

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# **MAKING CHANGES TO COVERAGE**

You can elect coverage for yourself and eligible family members at the time of retirement. You can add also opt to add family members at a later date during Open Enrollment or if you experience a Qualified Life Event (QLE). During the QLE, you may add or drop applicable dependents on your existing plan. You cannot re-enroll yourself in coverage if you waive or drop the plan at any time.

You will be required to furnish documentation of the change within 30 days of the event. Supporting documentation must contain the reason for the change, the date of the event and the family members who are affected by the event.

### **Examples of Qualified Life Events include:**

- Birth, adoption, legal guardianship or placement for adoption.
- Marriage, divorce or annulment.
- Death of a dependent.

- Gain of other creditable coverage for spouse or dependent.
- Loss of other creditable coverage for spouse or dependent.

# Qualified Life Event requests and supporting documentation must be submitted online via JPOFFHIT's benefits enrollment site within 30 days of the date of the life event. To submit your supporting documentation:

- 1. Visit to **jpoffhit.org/enroll**
- 2. Scroll down until you see the "How to Enroll In or Change Your Benefits" section.
- 3. Click or tap the red "Login to Your Account" button.
- 4. Login to the enrollment site using your email address and password. If you don't remember your login credentials, click the "Forgot Password" link.
- 5. Documentation should be uploaded into the enrollment site when the change is requested.

If you do not request the change in the enrollment site or do not provide the documentation within 30 days, you will have to wait until the next open enrollment to add or drop your dependents. Members who elect to add/drop their dependents cannot change their elections until next open enrollment. Changes to your elections are governed by the Section 125 Plan.

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# **ENROLLMENT INSTRUCTIONS**

All benefits-eligible employees must log in and complete their enrollment. All enrollments must be completed online through JPOFFHIT's benefits enrollment site.

### **HOW TO ENROLL IN OR CHANGE YOUR BENEFITS**

You may either use the buttons below or visit **jpoffhit.org/enroll** and scroll down until you see the "How to Enroll In or Change Your Benefits" section. Click or tap the red buttons to either register as a new user or login as a returning member.

#### **New User Registration**

Register using your Last Name, DOB, last 4 of SSN, and email address. Then create and confirm your password.

**REGISTER AS A NEW USER** 

#### **Returning Members**

Login using your email address and password. Click on the "Forgot Password" link to reset your login credentials.

**LOGIN TO YOUR ACCOUNT** 

### Choose the right action

- If you are completing your open enrollment, click on "Enroll Now".
- If you are making a change due to a Qualified Life Event, choose a selection from the drop down menu that pertains to your life event.

#### Update your profile and add family members

- Your name, address and basic information will be shown under the "My Profile" screen. You can update address and contact information here. You may be required to fill in missing information before proceeding.
- Add any dependent spouse or children to the "My Family" page. You will need their SSN, legal name and DOB in order to add them to your profile.
- You will be required to provide documentation for any new spouse or dependents added to the plan. You can upload copies of the documentation directly to the "My Family" page. Contact JPOFFHIT Benefits Support with any questions or issues with this.

### Proceed through enrollment

- You will be guided through a series of screens that represent each benefit and plan options available to you.
- The benefit rates will be displayed at a cost per paycheck rate and you can view your total election costs in the shopping cart at the top of the screen.
- Click on the spouse or dependent's name to enroll them in the plan.

### Confirm your benefits elections

- Once you have elected all benefits, check the "Review Your Information" page for accuracy.
- Check the box indicating you have read the terms of the elections.
- Choose "Confirm." This step is very important as it ensures you have completed all steps necessary to enroll.

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# **2021 PLAN OPTIONS**

**Medical Coverage** Florida Blue

Three medical plans administered through Florida Blue. Two of the plans are in-network, in-state only using the Blue Care network. One plan has in- and out-of-network coverage and offers coverage in any state using the Blue Options network and includes access to Mayo Clinic.

**Medical Coverage**UF Health Direct Care

An Exclusive Provider Organization (EPO) with in-network only access to UF Health Direct Care providers and facilities. This plan offers in-network coverage regionally in Duval, Clay, St. Johns, Alachua, and Nassau County areas.

**Dental Coverage** Delta Dental Three PPO dental plans and one DHMO plan administered through Delta Dental. Three DPPO plans have in- and out-of-network coverage and the DHMO offers in-network coverage on a fee-for-service basis. All plans cover preventive dental care at 100%.

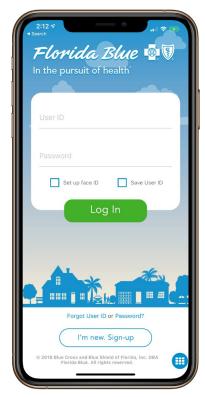
**Vision Coverage** Eye Med Two vision plan options that provide coverage for eye exams, lenses, and frames and/or contact lenses, as well as discounts on Lasik eye surgery from network providers.

**Supplemental Plans** Unum

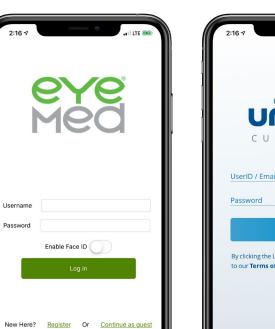
Critical Illness, Accident, and Hospital Indemnity plans that help pay for specified expenses.

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# **ONLINE AND MOBILE RESOURCES**









Here are just a few of the ways members can access their benefits information through the carrier websites and mobile apps:

- Find a provider
- Get an ID card
- Check your benefits
- Review your claims
- Compare costs
- Access discounts
- Contact customer support

Be sure to register on the carrier websites and download their respective apps to your phone so that you can access your benefits information anytime, anywhere: Members may also email **questions@**JPOFFHIT.org in order to receive their cards via email.

- floridablue.com
- deltadentalins.com
- eyemedvisioncare.com
- unum.com/employees
- express-scripts.com

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# **GROUP MEDICAL BENEFITS**

	UF Direct Health EPO	Blue Care 65 HMO Higher Deductible	Blue Care 48 HMO Lower Deductible	Blue Options 5782 PPO
Medical Benefits	In-Network Only	In-Network Only	In-Network Only	In Network
Deductible (CYD) Individual Family Maximum	\$750 \$1,500	\$1,500 \$3,000	\$300 \$600	\$750 \$1,500
Out-of-Pocket Maximum Individual Family Maximum	Med: \$1,500 + Rx: \$1,000 Med: \$3,000 + Rx: \$2,000	\$5,000 \$10,000	\$2,500 \$5,000	\$6,000 \$12,000
Coinsurance	20%	30%	30%	30%
Primary Care Physician (PCP)	\$10	\$25	\$25	\$30
Specialist	\$30	CYD + 30%	\$35	\$40
Telemedicine	Not Available	\$15	\$15	\$15
Inpatient Hospital Services	CYD + 20%	CYD + 30%	CYD + 30%	CYD + 30%
Diagnostic Services Lab X-Ray Advanced Imaging Services (AIS)	\$0 CYD + 20% CYD + 20%	\$0 CYD + 30% CYD + 30%	\$0 \$30 \$300	\$0 \$35 \$300
Outpatient Surgery and Services	CYD + 20%	CYD + 30%	CYD + 30%	CYD + 30%
Emergency Room Services	CYD + 20%	CYD + 30%	\$300 + 30%	\$300 + 30%
Urgent Care Services	\$25	\$25	\$30	\$35
Mental Health Services Inpatient Outpatient	CYD + 20% \$10	CYD + 30% CYD + 30%	CYD + 30% \$35	CYD + 30% \$40
	Out of Network	Out of Network	Out of Network	Out of Network
Deductible (CYD) Individual Family	No Coverage	No Coverage	No Coverage	\$1,000 \$2,000
Out-of-Pocket Maximum Individual Family	No Coverage	No Coverage	No Coverage	\$9,000 \$18,000
Coinsurance	No Coverage	No Coverage	No Coverage	50%

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# **PHARMACY BENEFITS**

Members enrolled in any Florida Blue medical plan will have their pharmacy benefits provided through Express Scripts (ESI) and will get a separate ID card from ESI to use for prescription drug claims.

Members enrolled in the UF Health plan will have a single ID card to use for both medical and prescription drug claims. You can find more information on JPOFFHIT's drug formulary at **jpoffhit.org/pharmacy**.

### **Retail Pharmacy Benefits**

	UF Direct Health EPO	Blue Care 65 HMO Higher Deductible	Blue Care 48 HMO Lower Deductible	Blue Options PPO 05782
Pharmacy Benefits		Retail (up t	o 30 days)	
Generic	\$10	\$0	\$0	\$0
Preferred Brand	\$40	\$40	\$40	\$40
Non-Preferred Brand	\$75	\$75	\$75	\$75

### **Mail Order Pharmacy Benefits**

	UF Direct Health EPO	Blue Care 65 HMO Higher Deductible	Blue Care 48 HMO Lower Deductible	Blue Options PPO 05782
Pharmacy Benefits		Mail Ord	er (90 days)	
Generic	\$20	\$0	\$0	\$0
Preferred Brand	\$80	\$80	\$80	\$80
Non-Preferred Brand	\$150	\$150	\$150	\$150

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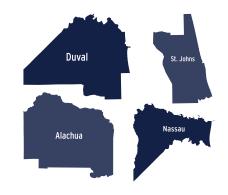
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## **SEEKING CARE WHEN YOUR DOCTOR ISN'T AVAILABLE**

	TELADOC.	Convenient Care	Urgent Care	Emergency Room
Your Cost	\$15*	PCP Copay	Urgent Care Copay	Deductible + Copay + Coinsurance
Treatment For	<ul> <li>Flu and cold</li> <li>Sore throat</li> <li>Earaches and fever</li> <li>Allergies</li> <li>Rash</li> </ul>	<ul> <li>Flu and cold</li> <li>Sore throat</li> <li>Earaches and fever</li> <li>Allergies</li> <li>Rash</li> <li>Vomiting and stomach pain</li> <li>Minor cuts</li> </ul>	<ul> <li>Flu and cold</li> <li>Sore throat</li> <li>High fever</li> <li>Cuts and severe scrapes</li> <li>Dehydration</li> <li>Minor sprains or broken bones</li> <li>Minor injuries or burns</li> </ul>	<ul> <li>Severe allergic reactions</li> <li>Severe broken bones</li> <li>Chest pain</li> <li>Constant vomiting or continuous bleeding</li> <li>Shortness of breath</li> <li>Deep wounds</li> <li>Head injuries</li> <li>Weakness or pain in arm or leg</li> </ul>

### **USING IN-NETWORK PROVIDERS**

You will find the most savings while using providers contracted as in-network under your plan. Some of the medical plans only offer coverage in the state of Florida or regionally. Check the chart below to see where the plans offer in-network providers.



### **Regional**

#### **UF Direct Health EPO**

Available in Duval, St. Johns, Alachua, and Nassau counties only through UF Health's network of providers. Out-of-state coverage is for true emergencies only.



### **Florida**

#### Blue Care HMO High Deductible Blue Care HMO Low Deductible

Offers comprehensive coverage throughout the state of Florida. Out-of-state coverage is for true emergencies only.



### In- and Out-Of-State Coverage

#### **Blue Options PPO**

Offers comprehensive medical coverage throughout the United States and includes Mayo Clinic.

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# **DENTAL BENEFITS**

The DPPO dental plans give you the flexibility to use both in-network and out-of-network providers. When you use an out-of-network provider, however, you will be responsible for filing claims and paying any charges that exceed the plan's usual and customary charges. The DHMO plan offers in-network only coverage on a fee-for-service basis. Refer to the schedule of benefits for more detail on plan coverages. Members enrolled in the Gold and Platinum Dental DPPO have a 12 month waiting period until orthodontia coverage begins.

	Base DHMO	Silver DPPO	Gold DPPO	Platinum DPPO
Dental Benefits	In-Network Only	In-Network	In-Network	In-Network
Annual Deductible Per person Per family	\$0 \$0	\$50 \$150	\$100 \$300	\$500 \$1,500
Benefit Maximum	None	\$1,500	\$2,000	\$5,000
Preventive Services		100%	100%	100%
Basic Services Fillings, Sealants	D 5 61 11	80%	80%	80%
Major Services Endodontics, Periodontics Crowns, Bridges, Implants	Per Fee Schedule	50%	50%	50%
Orthodontia Coverage Lifetime Maximum	Not covered	Not covered	50% \$2,000	50% \$5,000
	Out-of-Network	Out-of-Network	Out-of-Network	Out-of-Network
Preventive Services		80%	100%	80%
Basic Services	No Coverage	50%	80%	80%
Major Services		50%	50%	50%

The annual deductible applies to basic, major, and orthodontia coverage. You could be subject to balance billing if you use an out-of-network provider.

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# **VISION PLAN**

The vision plan is administered by EyeMed and pays benefits for both in-network and out-of-network services. When you visit an innetwork provider, benefits are greater and there are no claim forms to be filed. Plan participants also receive access to discounted Lasik eye surgery from in-network providers. When you use an out-of-network provider, you will be responsible for filing claims and will be reimbursed at the scheduled amounts listed below.

	Basic Vision	Premier Vision
Vision Benefits	In-Network	In-Network
Eye Exams: once every 12 months	\$10	\$10
Frames: once every 24 months	\$110 allowance + 20% discount	\$130 allowance + 20% discount
Lenses: once every 12 months Single Vision Bifocal Trifocal Lenticular Standard Progressive Contact Lenses: once every 12 months Contact lens exam Contact lens allowance	\$20 \$20 \$20 \$20 \$80 up to \$55 \$110 allowance + 15% discount	\$20 \$20 \$20 \$20 \$20 \$20 \$130 allowance + 15% discount
Out-Of-Network	Reimbursement Up To	Reimbursement Up To
Eye Exam	\$50	\$53
Frames	\$70	\$70
Lenses Single Vision Bifocal Trifocal Lenticular Standard Progressive	\$50 \$75 \$100 \$125 \$75	\$50 \$75 \$100 \$125 \$75
Contact Lenses	\$105	\$105

You can receive regular lenses or contact lenses every 12 months.

Discounts and copays are available for lens enhancements and other vision services. See the plan document for detailed coverage.

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# **ACCIDENT**

Accident insurance can help you pay for costs you may incur after an accidental injury. This type of injury includes things such as a car accident, a fall while skiing or even a fall down the stairs at home. This benefit is paid regardless of any other insurance coverage you might have (including your medical coverage).

Accident Benefit Details	
Emergency Treatment	\$250 - Emergency Room \$150 - Urgent Care or initial physicians treatment \$100 - pain management
Ambulance	\$400 - ground ambulance \$1,500 - air ambulance
Dislocations and Fractures	Up to \$7,500 See benefit schedule for details
Lacerations and Burns	Up to \$10,000 See benefit schedule for details
Diagnostic Imaging (MRI, CT, CAT, EEG)	\$300
Follow-Up Treatment	\$50
Rehabilitation	\$100 per day, 15 day limit or 30 per calendar year
Therapy (occupational, physical, or speech)	\$50 per visit, max of 6
Concussion	\$150
Blood and Plasma	\$400
Prosthesis and Appliances	\$750 - \$1,500 - prosthesis \$100 - appliances
Surgery	Up to \$1,500 See benefit schedule for details

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# **CRITICAL ILLNESS**

A critical illness can have a huge impact on your life. It can keep you from working and make it difficult to do simple, everyday things. This coverage can help ease the financial burden of surviving a critical illness by providing financial resources to help with medical costs or ongoing living expenses. This plan can help you focus on recovery instead of the distraction of out-of-pocket medical costs.

Critical Illness Plan Details		
Principal Sum Options Spouse and Child(ren): 50% of Principal Sum	\$10,000 \$20,000	
Critical Illness Assessment (Wellness) Benefit	\$50	
Coverage Benefit		
Invasive Cancer	100% of Principal Sum	
Non-Invasive Cancer	25% of Principal Sum	
Heart Attack	100% of Principal Sum	
Stroke	100% of Principal Sum	
Coronary Artery Disease	10-50% of Principal Sum	
Major Organ Transplant	100% of Principal Sum	
Kidney Failure (ESRD)	100% of Principal Sum	
Alzheimer's Disease	100% of Principal Sum	
Other Listed Conditions	See Benefit Schedule	
Recurrence Benefit	Included	
Benefit Waiting Period	None	
Pre-Existing Period	None	

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# **HOSPITAL INDEMNITY COVERAGE**

The hospital indemnity plan is administered by Unum. Without any warning, an illness or injury can lead to a hospital visit – and costly out-of-pocket expenses. Hospital indemnity insurance pays cash benefits directly to you if you are admitted to the hospital for a covered inpatient stay– no matter the reason.

Hospital Indemnity Plan Details	
Hospital Admission	\$1,000 per year
Outpatient Surgical Procedure	up to \$2,500 per year See schedule of benefits for details
Hospital Confinement	\$200 per day, 60 day limit
Intensive Care Unit Confinement	\$400 per day, 15 day limit
Transportation	\$0.40 per mile up to 1,200 miles round trip 3 round trip max
Lodging	\$150 per day up to 30 days

# **UNUM VOLUNTARY BENEFITS**

#### **Guarantee Issue**

You do not need to complete medical questions to enroll in these plans.

### **Benefit Payment**

Payments are made directly to you, not to the doctors, hospitals or other healthcare providers. You receive a check - payable to you - for maximum convenience.

#### **Portable**

You can elect to keep this policy after you leave employment by paying the premiums directly to the carrier.

#### **Enrollment**

You do not have to be enrolled in the other medical plans to take advantage of the voluntary benefits.

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# **COVERAGE PROVIDED BY THE CITY OF JACKSONVILLE**

Some of your insurance plans will continue to be offered through the City of Jacksonville. These coverages include:

- Life and AD&D Insurance
- Voluntary Life Insurance for you and your eligible family members
- Flex spending accounts including Health Care, Dependent Care, and Commuter FSAs
- Parental Leave
- Employee Assistance Program
- Humana Go365 Wellness Program

# **JACKSONVILLE POLICE AND FIRE PENSION FUND (PFPF)**

The Jacksonville Police and Fire Pension Fund ("The Fund") is a single-employer contributing defined benefit pension plan covering all full-time police officers and fire fighters of the Consolidated City of Jacksonville. The Fund was created in 1937 and is structured as an independent agency of the City of Jacksonville. The Fund is administered soley by a five member board of trustees.

# **CITY OF JACKSONVILLE RETIREMENT SYSTEM**

The Retirement System Administration Office administers the General Employees Pension Plan (GEPP) and the Corrections Officers Pension Plan (COPP). The office processes member requests and retirement information, as well as services for all existing retirees.



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# **SPECIAL NOTICES**

### Important Notice About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with your employer and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

#### There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- 1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
- 2. Jacksonville Police Officer and Fire Fighter's Health Insurance Trust has determined that the prescription drug coverage offered by Florida Blue is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

#### When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th. However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

### What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?

If you decide to join a Medicare drug plan, your current Employer's coverage will not be affected. You can keep this coverage if they elect part D and this plan will coordinate with Part D coverage. For those individuals who elect Part D coverage, coverage under the entity's plan will not end for the individual and all covered dependents. If you do decide to join a Medicare drug plan and drop your current Employer's coverage, be aware that you and your dependents will be able to get this coverage back.

#### When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with your employer and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later. If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

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#### For More Information About This Notice Or Your Current Prescription Drug Coverage:

Contact your Plan Administrator listed on the back of this booklet. NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through your employer changes. You also may request a copy of this notice at any time.

### For More Information About Your Options Under Medicare Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit www.medicare.gov
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 (TTY 1-800-325-0778).

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

#### Newborns' and Mothers' Health Protection Act

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section.

However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

### Women's Health & Cancer Rights Act of 1998 (WHCRA) Notice

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for: all stages of reconstruction of the breast on which the mastectomy was performed; surgery and reconstruction of the other breast to produce a symmetrical appearance; prostheses; and treatment of physical complications of the mastectomy, including lymph-edema. These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan. If you would like more information on WHCRA benefits, call your medical carrier.

You can find more information about your rights and notices on at www.jpoffhit.org or contact JPOFFHIT Benefits Support.

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# **CONTACT INFORMATION**

For Information About	Go То	
HR Support	Jacksonville Police Officers and Fire Fighters Health Insurance Trust 800-978-0632 www.jpoffhit.org questions@jpoffhit.org	
Enrolling In Your Benefits	Web Benefits Design <a href="https://www.jpoffhit.org/enroll">www.jpoffhit.org/enroll</a>	
Medical and Prescription Drug Plans	Florida Blue / UF Health Direct 800-664-5295 / 800-959-3518 www.floridablue.com / www.integrapa.com	Express Scripts 800-282-2881 Express-Scripts.com
Dental Plans	Delta Dental 800-521-2651 www.dentaldentalins.com	
Vision Plans	EyeMed 866-800-5457 www.eyemed.com	
Accident, Critical Illness, and Hospital Indemnit Plans	Unum 866-679-3054 www.unum.com/employees	
Flex Spending Accounts, Life Insurance, and Humana Go365 Wellness	City of Jacksonville Employee Services 904-255-5555 www.coj.net	
Pension Information	Jacksonville Police and Fire Pension Fund 904-255-7373 jaxpfpf@coj.net	City of Jacksonville Retirement System 904-255-7280 citypension@coj.net

